

| | Field | Development | Small-Sided | Field | Development | Full-Sided | |
|---|---------------|---------------|---------------|--|---------------|---------------|---------------|
| Age Group | U6 | U8 | U10 | U12 | 13 -14 | 15 - 16 | 17 - 19 |
| Teams & Players Maximum Roster | 8 | 8 | 12 | 16 | 18 | 22 | 22 |
| Players on Field | 3 | 5 | 7 | 9 | 11 | 11 | 11 |
| Maximum Suited Up to Play | 8 | 10 | 12 | 16 | 18 | 18 | 18 |
| Minimum Playing Time | 50% | 50% | 50% | 50% | 50% | 50% | 50% |
| Rules | | | | | | | |
| Game Duration (Minutes & Periods) | 20/5/20 | 20/5/20 | 25/5/25 | 30/5/30 | 35/5/35 | 40/5/40 | 45/5/45 |
| Breaks Between Periods | 5 | 5 | 5 | 5 | 5 | 5 | 5 |
| Overtime (if required) Minutes x Periods | NO | NO | NO | NO | NO | NO | NO |
| Ball Size | 3 | 3 | 4 | 4 | 5 | 5 | 5 |
| Goalkeeper | NO | YES | YES | YES | YES | YES | YES |
| Goalkeeper Punts & Drop Kicks | NO | NO | NO | YES | YES | YES | YES |
| Direct Free Kids | NO | NO | YES | YES | YES | YES | YES |
| Indirect Free Kids | YES | YES | YES | YES | YES | YES | YES |
| Penalty Kicks | NO | NO | YES *5 | YES | YES | YES | YES |
| Defender Distance from Free Kick (Yards) | 3 | 3 | 10 | 10 | 10 | 10 | 10 |
| Defender Distance from Throw-in (Yards) | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| Re-take on Throw-in | YES | YES | YES 1 Time | NO | NO | NO | NO |
| Score from Goal Kick | NO | NO | YES | YES | YES | YES | YES |
| Offside | NO *2 | NO *2 | YES* | YES | YES | YES | YES |
| Slide Tackling | NO | NO | NO | YES | YES | YES | YES |
| Referee May Show Yellow/Red Cards | NO *3 | NO *3 | YES | YES | YES | YES | YES |
| Heading Ball | NO | NO | NO | Yes | YES | YES | YES |
| Field and Equipment | | | | | | | |
| Field Size Length x Width (Yards) | 30-40 x 20-30 | 30-40 x 20-30 | 60-70 x 40-50 | 70-80 x 40-50 | 100-115x50-75 | 100-115x50-75 | 100-115x50-75 |
| Center Circle Radius (Yards) | 3 | 3 | 5 | 7 | 10 | 10 | 10 |
| Penalty Area: Width x Depth (Yards) | NO | NO | 20x10 | 30x12 | 44x18 | 44x18 | 44x18 |
| Goal Keeper Area: Width x Depth (Yards) | 8x3 | 8x3 | 8x3 | 8x4 | 20x6 | 20x6 | 20x6 |
| Penalty Mark)Yards) | NO | NO | 7 | 8 | 12 | 12 | 12 |
| Goal Post: Width x Height (Feet) | 6x4 | 6x4 | 12-18x6 | 18x6 | 24x8 | 24x8 | 24x8 |
| Build Out Line (Yards from Goal Line) | Half-Way Line | Half-way Line | 14 | NONE | NONE | NONE | NONE |
| *1: These are recommendations. Overtime determined by rules of individual league / tournament. | | | | *2: Spirit of the Offside Rule enforced. | | | |
| *3: Referees may suggest a player be substituted and provide a cooling off period. | | | | *4: Offside starts at buildout line | | | |
| *5: Penalty Kick will be awarded as indirect kick and will be taken at the top of the penalty box (for the safety of the players) | | | | | | | |
| Referee will contact assignor for coach or parent problems. | | | | | | | |

| Age Group | Desarrollo de Campo de Pequeña Cara | | | Desarrollo de campo de cara completa | | | |
|---|-------------------------------------|---------------|---------------|--|---------------|---------------|---------------|
| | U6 | U8 | U10 | U12 | 13 -14 | 15 - 16 | 17 - 19 |
| Equipos y jugadores de la lista máxima | 8 | 8 | 12 | 16 | 18 | 22 | 22 |
| Jugadores en el campo | 3 | 5 | 7 | 9 | 11 | 11 | 11 |
| Máximo Adecuado para Jugar | 8 | 10 | 12 | 16 | 18 | 18 | 18 |
| Tiempo de juego mínimo | 50% | 50% | 50% | 50% | 50% | 50% | 50% |
| Reglas | | | | | | | |
| Duración del juego (minutos y periodos) | 20/5/20 | 20/5/20 | 25/5/25 | 30/5/30 | 35/5/35 | 40/5/40 | 45/5/45 |
| Breaks Between Periods | 5 | 5 | 5 | 5 | 5 | 5 | 5 |
| Horas extra (si es necesario) Minutos x Períodos | NO | NO | NO | NO | NO | NO | NO |
| Tamaño de la bola | 3 | 3 | 4 | 4 | 5 | 5 | 5 |
| Portero | NO | YES | YES | YES | YES | YES | YES |
| Golpes del portero y tiros | NO | NO | NO | YES | YES | YES | YES |
| Niños gratis gratis | NO | NO | YES | YES | YES | YES | YES |
| Niños Indirectos Gratis | YES | YES | YES | YES | YES | YES | YES |
| Los penales | NO | NO | Yes *5 | YES | YES | YES | YES |
| Defensor de distancia desde el tiro libre (yardas) | 3 | 3 | 10 | 10 | 10 | 10 | 10 |
| Distancia del defensor desde el saque de banda (yardas) | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| Volver a tomar en el tiro | YES | YES | YES 1 Time | NO | NO | NO | NO |
| Puntuación del saque de meta | NO | NO | YES | YES | YES | YES | YES |
| Fuera de juego | NO *2 | NO *2 | YES* | YES | YES | YES | YES |
| Tackling de diapositivas | NO | NO | NO | YES | YES | YES | YES |
| El árbitro puede mostrar tarjetas amarillas / rojas | NO *3 | NO *3 | YES | YES | YES | YES | YES |
| Bola de rumbo | NO | NO | NO | Yes | YES | YES | YES |
| Campo y equipo | | | | | | | |
| Tamaño del campo Longitud x Ancho (yardas) | 30-40 x 20-30 | 30-40 x 20-30 | 60-70 x 40-50 | 70-80 x 40-50 | 100-115x50-75 | 100-115x50-75 | 100-115x50-75 |
| Radio Círculo Central (Yardas) | 3 | 3 | 5 | 7 | 10 | 10 | 10 |
| Área de Penalización: Ancho x Profundidad (Yardas) | NO | NO | 20x10 | 30x12 | 44x18 | 44x18 | 44x18 |
| Área de guardameta: Ancho x Profundidad (Yardas) | 8x3 | 8x3 | 8x3 | 8x4 | 20x6 | 20x6 | 20x6 |
| Punto penal) Yardas) | NO | NO | 7 | 8 | 12 | 12 | 12 |
| Poste de gol: Ancho x alto (pies) | 6x4 | 6x4 | 12-18x6 | 18x6 | 24x8 | 24x8 | 24x8 |
| Línea de construcción (yardas de la línea de meta) | Half-Way Line | Half-Way Line | 14 | NONE | NONE | NONE | NONE |
| *1: Estas son recomendaciones. Horas extras determinadas por reglas de la liga / torneo individual. | | | | *2: Se aplica la Regla del Espíritu del Fuera de Juego. | | | |
| *3: Los árbitros pueden sugerir la sustitución de un jugador y proporcionar un período de enfriamiento. | | | | *4: El fuera de juego comienza en la línea de construcción de juego. | | | |
| *5: Se concederá un tiro libre indirecto en lugar de un tiro penal, y este se ejecutará desde el borde del área penal (por seguridad de los jugadores). | | | | | | | |

El árbitro se pondrá en contacto con el asignador por problemas con el entrenador o los padres.